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I claim:

1. A hair roller comprising:

a flexible member having a first position and a second position, that when said flexible member is urged from the first position, said flexible member curls upon itself into the second position;

- a fibrous material bordering said flexible member; and
- a plurality of hook-type fasteners attached to one side of said fibrous material, wherein said fibrous material is between said flexible member and said hook type fasteners.
- 2. The device according to claim 1, in which the flexible member is comprised of metal.
- 3. The device according to claim 1, in which the flexible member is comprised of plastic.
- 4. The device according to claim 1, in which the fibrous material is comprised of cotton.
- 5. The device according to claim 1, in which the hook-type fasteners are comprised of plastic.
- 6. The device according to claim 1, in which the flexible member contains a plurality of apertures.

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- 7. A hair roller for use with hair comprising:
- a flexible member having a first position and a second position, that when said flexible member is urged from the first position, said flexible member curls upon itself into the second position;
 - a fibrous material bordering said flexible member; and
- a plurality of hook-type fasteners attached to one side of said fibrous material, wherein said fibrous material is between said flexible member and said hook type fasteners.
- 8. The device according to claim 7, in which the flexible member is comprised of metal.
- 9. The device according to claim 7, in which the flexible member is comprised of plastic.
- 10. The device according to claim 7, in which the fibrous material is comprised of cotton.
- 11. The device according to claim 7, in which the hook-type fasteners are comprised of plastic.
- 12. The device according to claim 7, in which the flexible member contains a plurality of apertures.
 - 13. A hair roller comprising:

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a flexible member having a first position and a second position, that when said flexible member is urged from the first position, said flexible member curls upon itself into the second position; and

a plurality of hook-type fasteners attached to said flexible member.

- 14. The device according to claim 13, in which the flexible member is comprised of metal.
- 15. The device according to claim 13, in which the flexible member is comprised of plastic.
- 16. The device according to claim 13, in which the hook-type fasteners are comprised of plastic.
- 17. The device according to claim 13, in which the flexible member contains a plurality of apertures.

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